

Tulia by Fibre ood

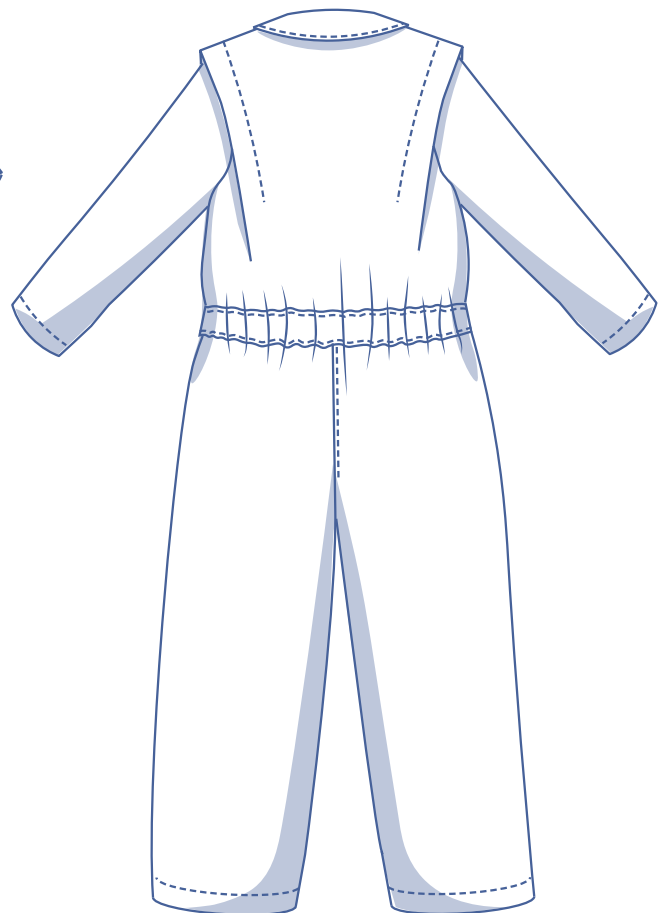
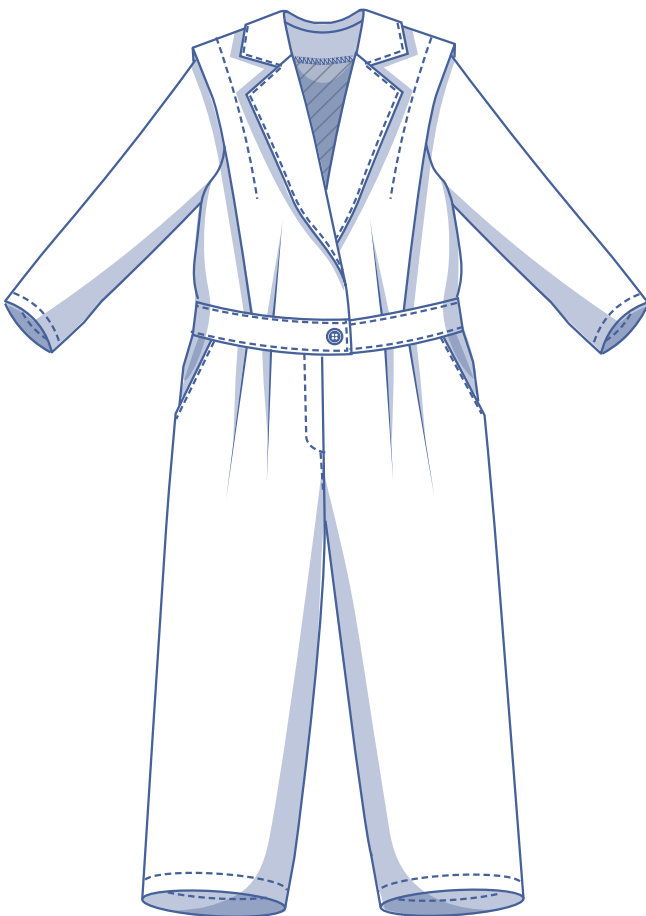


Tulia by Fibre Mood



XS - XXXL

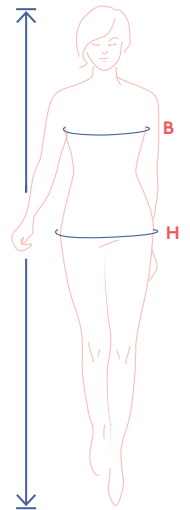
Tulia's lapelled V-neck and roomy ankle-length trousers take you all the way back to the eighties. The pleats that run from front to back show off your shoulders. The top has set in sleeves, and the button waistband is there to emphasise your waistline. Tulia also features an elasticised waistband at the back, handy side pockets, pleats, and a zip.



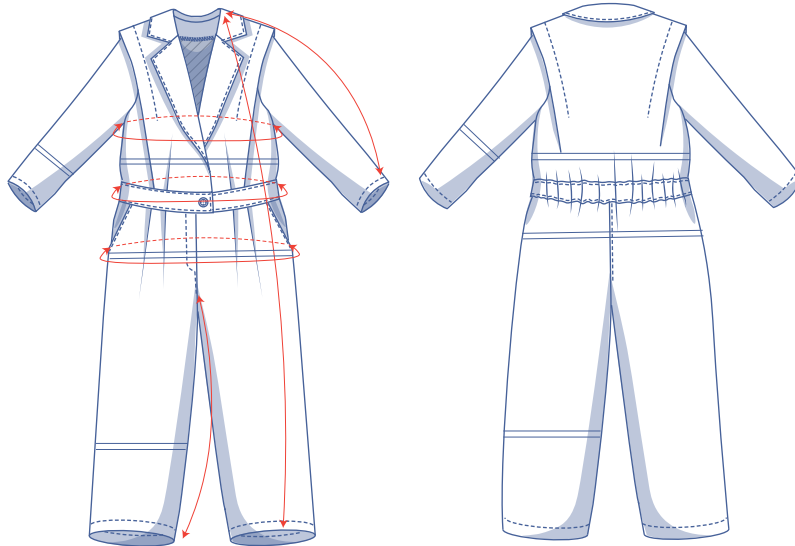
size chart (in cm)

size	XS		S		M		L		XL		XXL		XXXL		
	4	6	8	10	12	14	16	18	20	22	24	26	28	30	32
body height	160	164	166	167	168	169	170	171	172	172	172	172	172	172	172
B (bust)	76	80	84	88	92	96	100	104	110	116	122	128	134	140	146
H (hips)	86	90	94	97	100	103	106	109	115	120	125	130	135	140	145

Choose your size based on your **bust measurement**. If your hip measurements are wider than those in the size chart, check the hip measurements in the chart below to see if there's enough room or whether the pattern needs to be altered. It's easy to do. Simply trace the line of the one size instead of the other.



pattern measurements (in cm)



— shorten or lengthen the pattern here

This chart's measurements are the pattern measurements based on the fabric type and serve as a reference. Ease has been added to the width measurements (in addition to the exact body measurements) for a more comfortable fit. Tulia is designed to have a **loose cut**. Depending on the preferred cut, you could decide to go a size smaller or larger than the recommended size.

Compare the stated lengths to the measured or desired lengths. **Lengthen** or **shorten** the top, rise, trouser legs, and/or the sleeves by cutting the pattern pieces at the indicated double lines. Then either increase the distance between the cut pieces by the desired amount (to lengthen), or overlap the pieces (to shorten). Make sure that the CF and CB lines and the side seams are always straight.



size	XS	S	M	L	XL	XXL	XXXL
length	139.25	140.75	142.25	143.75	145.5	147.5	149.5
sleeve length*	72.25	72.75	73.5	74	74.75	75.5	76.25
bust**	88.75	97.25	105.75	114.25	125.75	138.25	151
waist with elastic	76.5	80.5	88	93.75	103.75	116.25	129
waist without elastic	79.5	83.5	91.5	97.5	108	121	134
hips***	115.25	123	129	134.75	143.5	153.25	163.25
inseam length	63.25	63.75	63.75	64	64	64.25	64.75

* Including shoulder length.

** Pleat allowance included. This is difficult to measure exactly.

*** Including pleats when sewn in place.

IMPORTANT

Adjust the amount of fabric to be used based on these alterations.

notions



- Thread
- Iron-on interfacing: max. 70 cm
- Closed end zip: 15 cm (XS - L), 18 cm (XL - XXXL)
- Button (Ø 2 cm): 1
- Elastic (width 3 - 4 cm): see table
- Fabric: see table

elastic band		XS	S	M	L	XL	XXL	XXXL
length	cm	38	40	44	47	51	58	64

fabric		XS	S	M	L	XL	XXL	XXXL
fabric width 110 cm	cm	365	375	390	400	435	440	460
fabric width 140 cm	cm	250	275	280	305	380	400	410

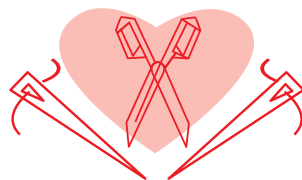
The corresponding fabric layout can be found on page 6 of these sewing instructions.

fabric advice



Make Tulia in a fairly structured fabric with enough body. We went with a cotton twill (with a teensy bit of stretch) that was easy to work with. Poplin, denim and corduroy will also be great. We don't recommend fabrics with an overly fluid drape or that are too lightweight.

Proud to be #Sewista

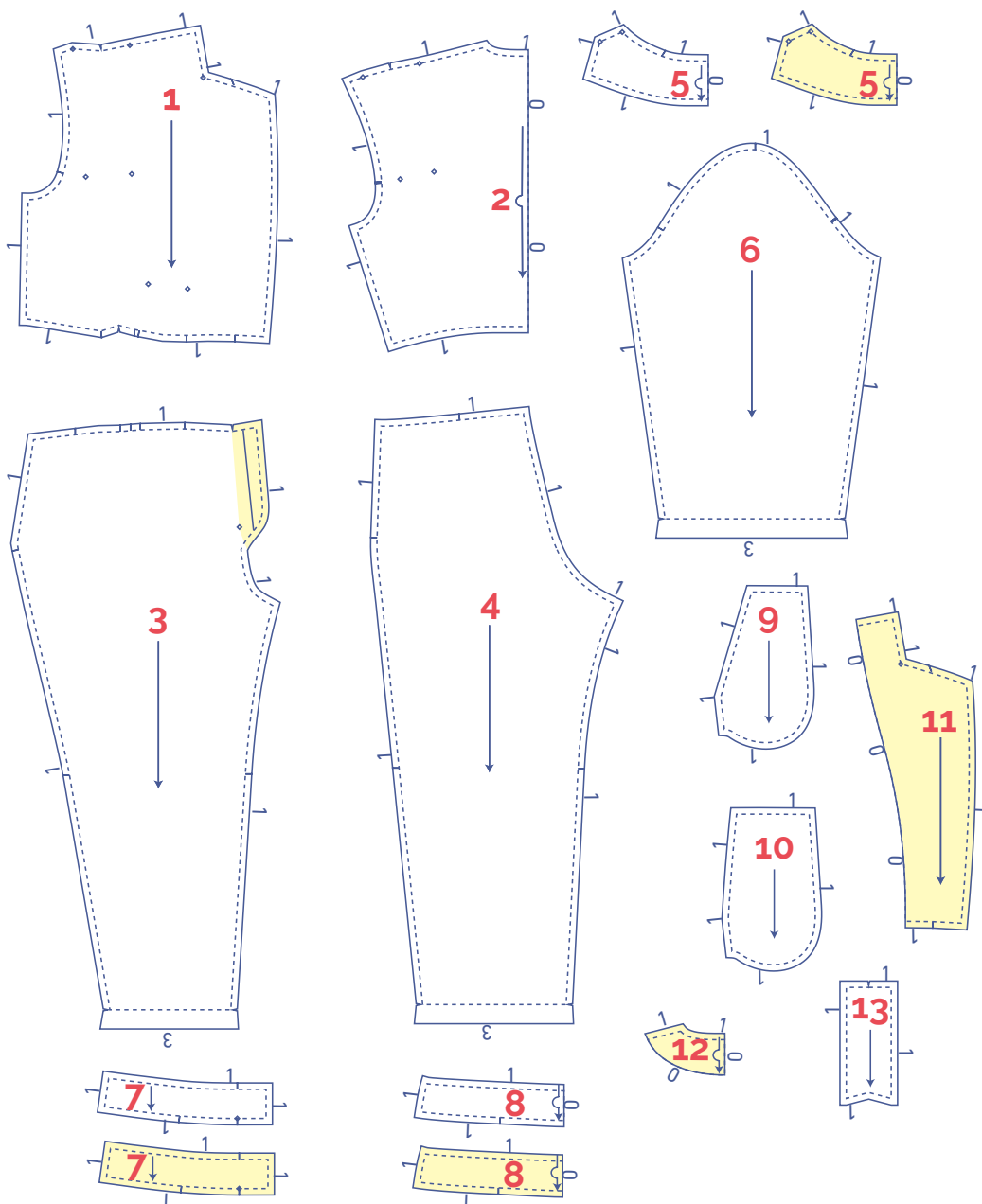


pattern pieces & seam allowances (in cm)

To sew the garment as described in the instructions, draw the illustrated seam allowances around the paper pattern pieces before cutting them out. If you are using a PDF pattern, the pattern can be printed with or without seam allowance.



To find out more, watch the [video](#).

1. top piece front: 2x
2. top piece back: 1x on fabric fold
3. trouser front: 2x
4. trouser back: 2x
5. collar: 2x on fabric fold
6. sleeve: 2x
7. waistband front: 4x
8. waistband back: 2x on fabric fold
9. inner pocket bag: 2x
10. pocket: 2x
11. facing front: 2x
12. facing back: 1x on fabric fold
13. LF fly: 1x



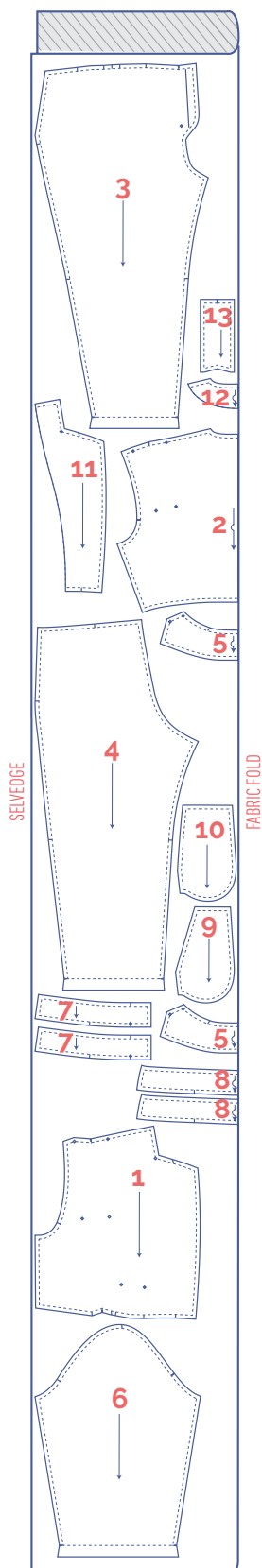
IMPORTANT

The pieces highlighted in light yellow have iron-on interfacing attached to the wrong side.

?	material type
	fabric
	iron-on interfacing

fabric layout – solid fabrics
fabric width 110 cm

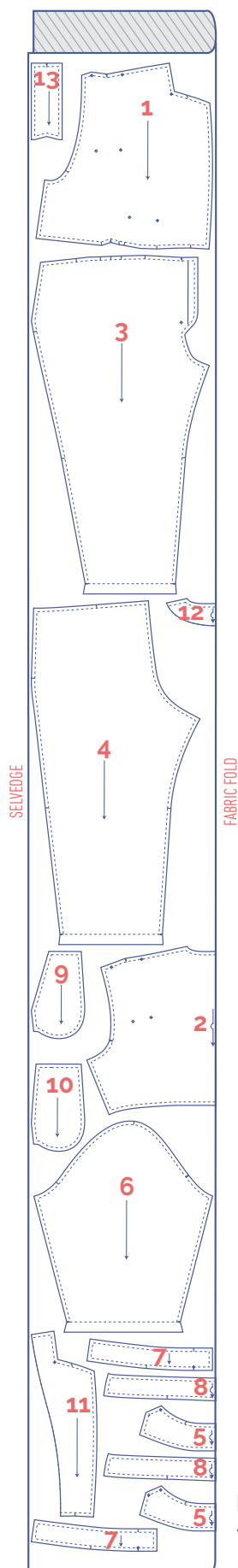
XS - L



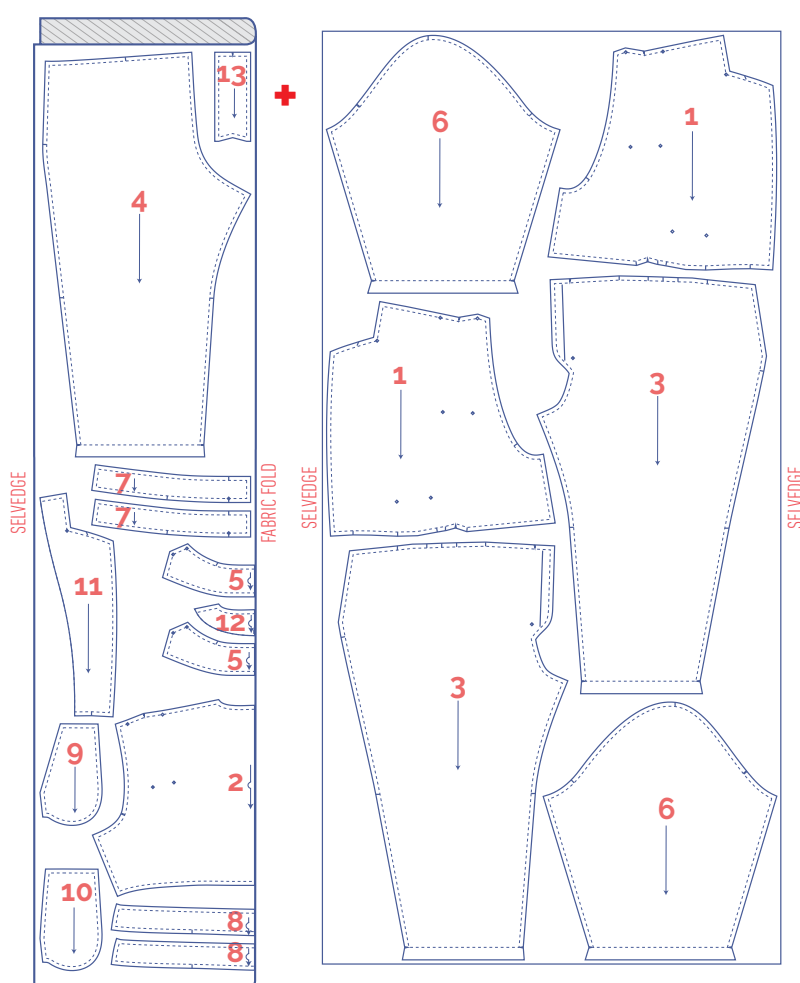
IMPORTANT

You only need pattern piece 13 once.

XL - XXL



XXXL



IMPORTANT

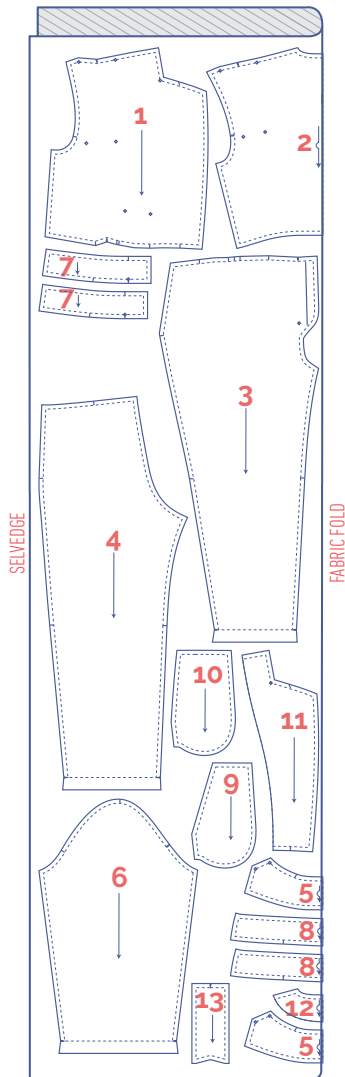
You only need pattern piece 13 once.

IMPORTANT

You only need pattern piece 13 once.

fabric layout – solid fabrics
fabric width 140 cm

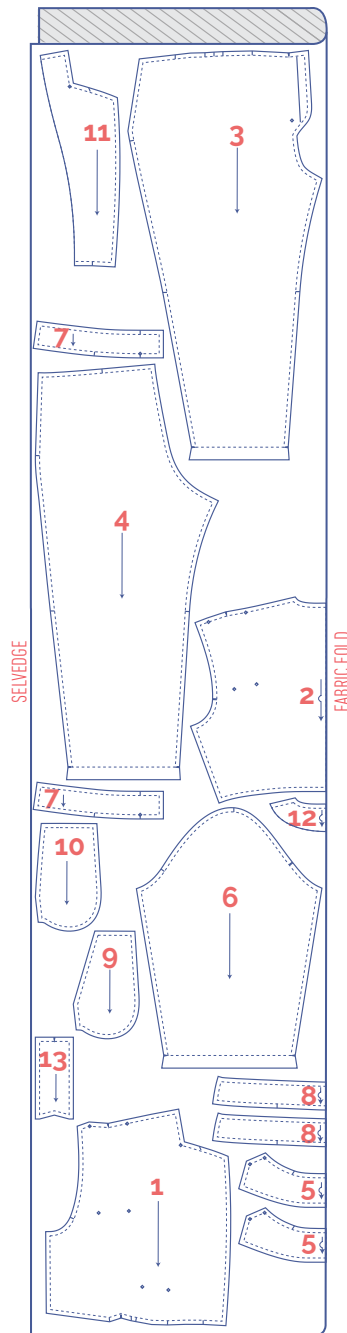
XS



IMPORTANT

You only need pattern piece 13 once.

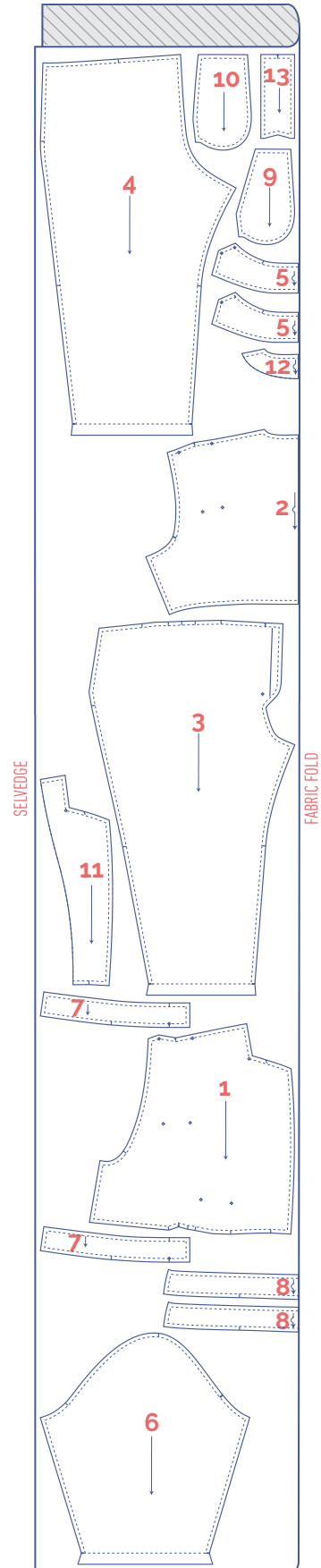
S - L



IMPORTANT

You only need pattern piece 13 once.

XL - XXXL



IMPORTANT

You only need pattern piece 13 once.

marking pattern pieces



Notch the pattern paper and fabric at the following points

I single notch

II double notch

V V notch



Mark the following points using marking thread



centre point

sewing instructions



The method used to finish the seams depends on the fabric used.
The pieces are always sewn together with the right sides of the fabric facing, unless stated otherwise.

F front

B back

RF right front 

LF left front 

CF centre front

CB centre back

RB right back 

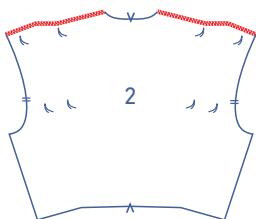
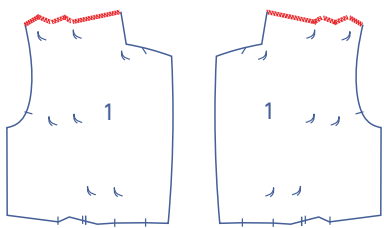
LB left back 

 right side

 wrong side

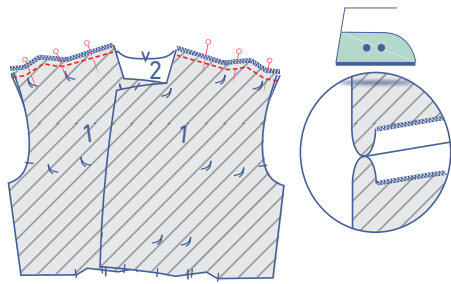
 iron-on interfacing

 elastic band



1

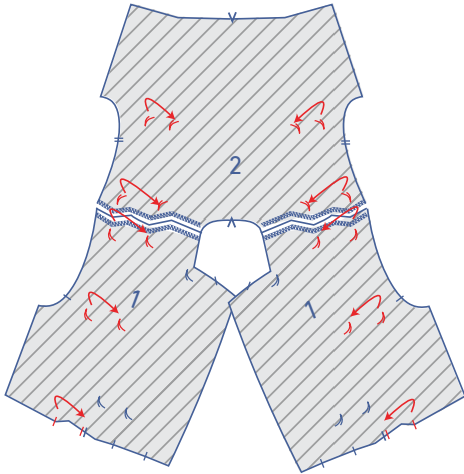
Finish the shoulder seams of the top front (1) and top back (2) with overlock stitching.



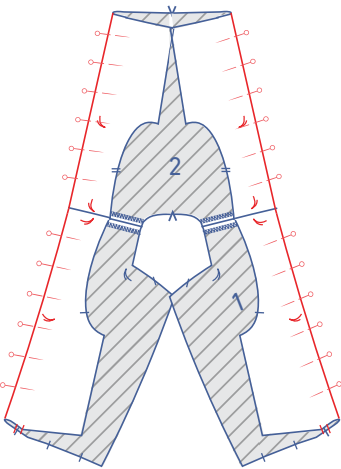
Pin and sew the shoulder seams together. The 2x marking thread points and V notch on the front and back pieces along the shoulder need to match up. Starting from the shoulder, sew until you reach the first marking thread point, then leave your needle down, raise the presser foot, and pivot the front piece so that you can stitch up to the V notch. At the V notch, pivot again and keep sewing until the marking thread. Pivot once more at the last marking thread and sew until the end of the seam. Press the seam allowances open.

2

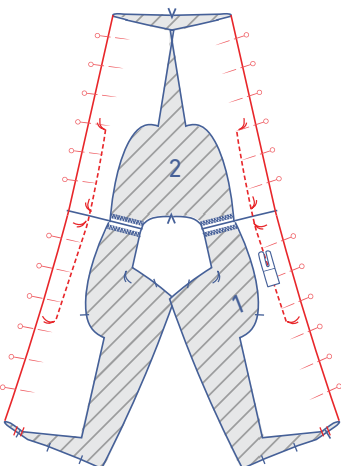
Open out the pieces and lay them down with the wrong side facing up. Make the pleats closest to the armholes. Match the marking threads on the top front, the shoulder seams, and the top back, as well as the notches at the bottom of the top front. Fold from the outside in so the wrong sides of the fabric should be facing.

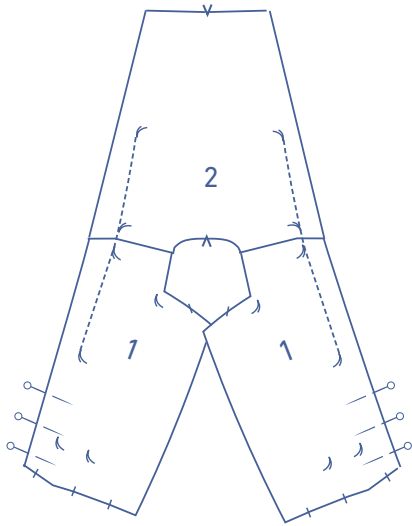


Pin into place.

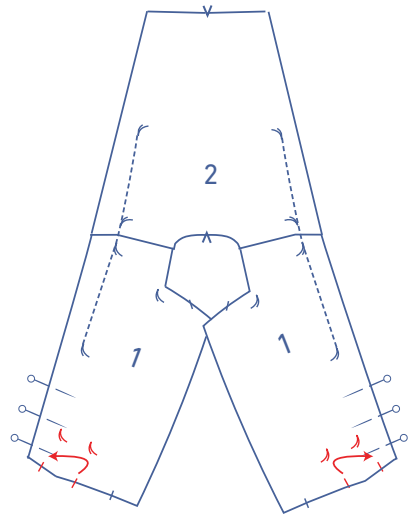


Stitch the pleat into place, starting from the marking threads on the top front and working towards the marking threads at the shoulders, and ending by sewing off to the marking threads on the top back.

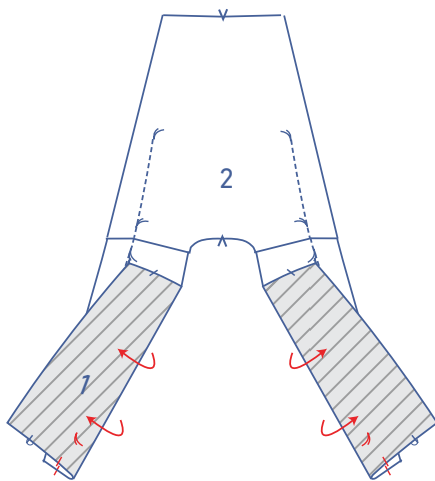




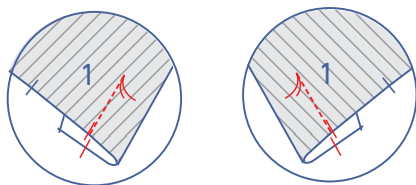
Now turn the top over so that the right side is facing up.



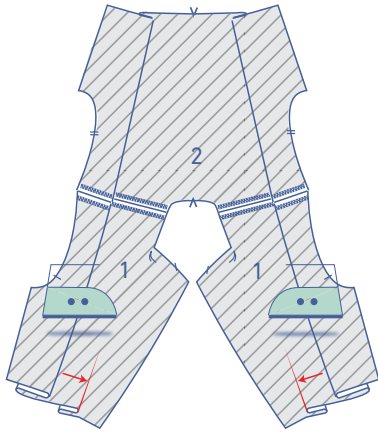
Fold the top front in half with the right sides of the fabric touching.



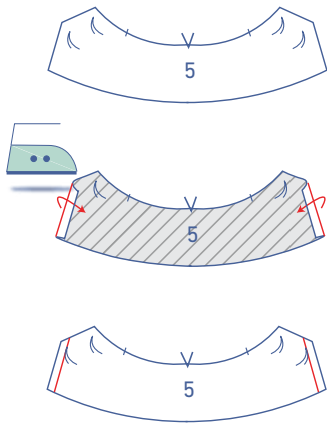
Make sure the marking threads and notches at the bottom are matching.



Stitch into place from the bottom of the top front to the marking threads.

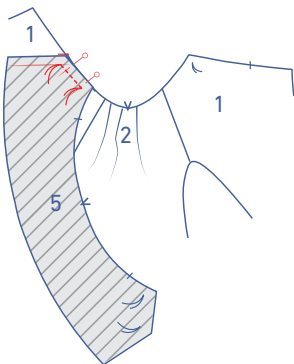


Open the top front back out and turn so that the wrong side is facing up. Press the pleat allowance towards the CF.

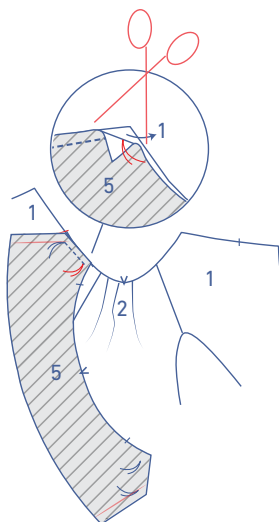


3

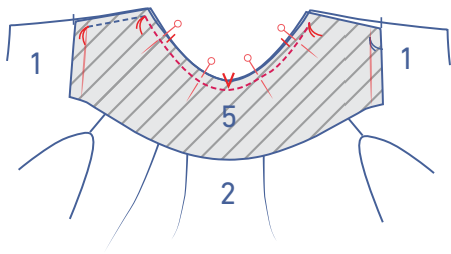
Press the ends of the collar (5) indicated 1 cm onto the wrong side to create a crease line. Then open back out.



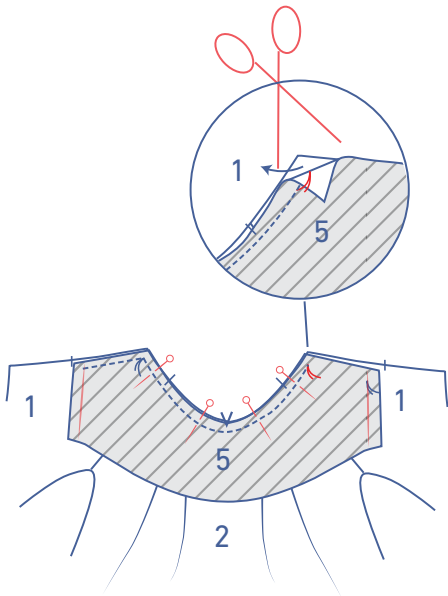
Place the collar right-side down onto the top front with the edge of the collar (the pressed end) matching the notch (refer to diagram). Stitch from the pressed fold line to the marking thread in the corner as indicated.



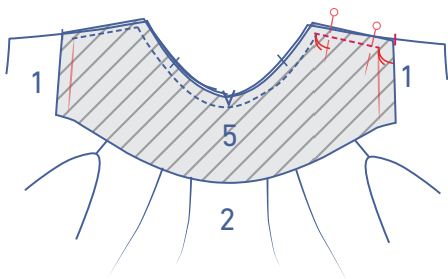
When you reach the corner, leave the needle down, lift the presser foot, fold the corner/tip of the collar over, and snip into the seam allowance of the top front until just before the needle.



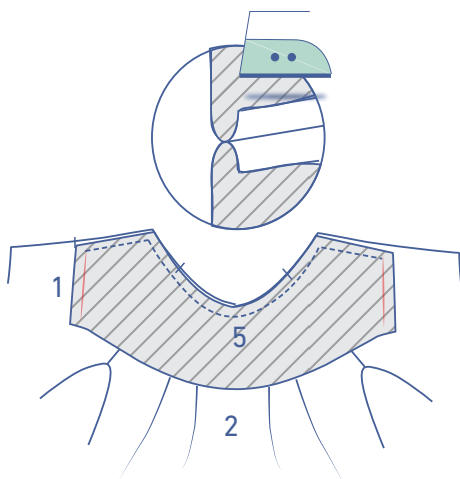
Pivot the top so that you can stitch the collar to the neckline of the facing and lower the presser foot back down. Stitch into place up to the next marking thread in the corner. Make sure you match the notches in the collar to the shoulder seams. The V notch in the centre of the collar matches the V notch in the CB of the top back.



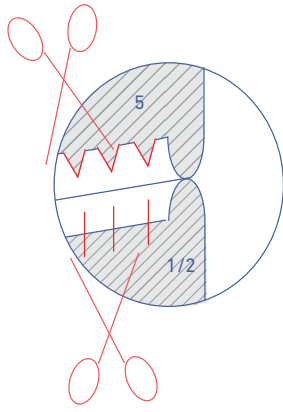
When you reach the corner, leave the needle down, lift the presser foot, fold the corner/tip of the collar over, and snip into the seam allowance of the top front until just before the needle.



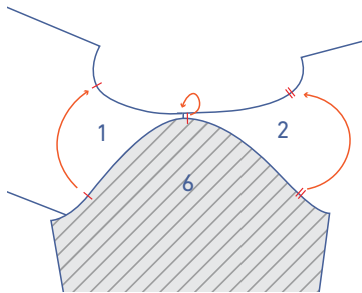
Turn the top so that you can stitch the last section of the collar into place. Lower the presser foot back down and stitch to the pressed fold line.



Neatly press the seam allowance on either side open and trim any excess seam allowance.



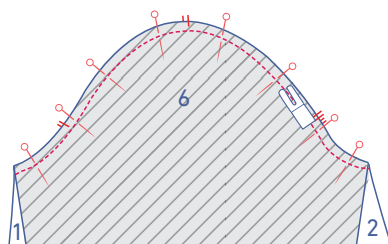
Notch both seam allowances so that the seams aren't too tight and don't tug anywhere.



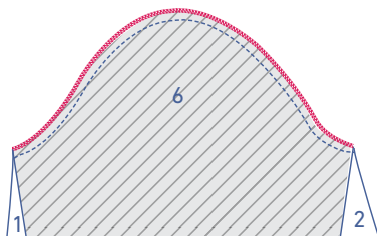
4

Pin the top of the sleeve (6) to the armhole, matching the notches. The single sleeve notch should match the single notch in the front, and the double sleeve notch should match the double notch in the back. The notch at the top of the sleeve aligns with the shoulder point.

Stitch into place.

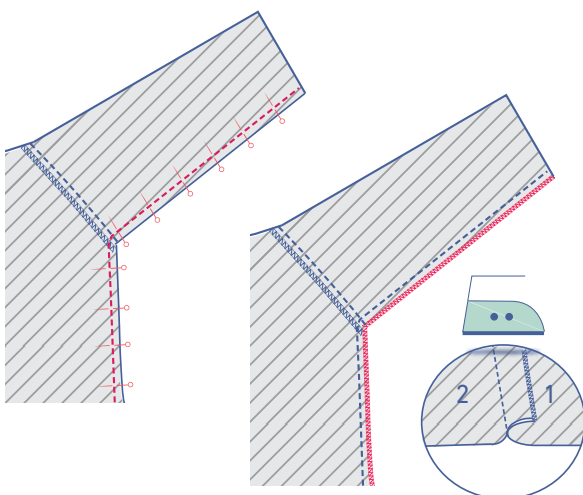


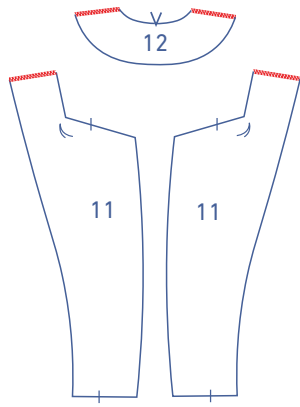
Finish the raw edges together with overlock stitching.



Fold the sleeve and side seams of the front top and back pieces together with the right sides facing. Pin and sew into place.

Finish the raw edges with overlock stitching. Press the seam allowance towards the front.

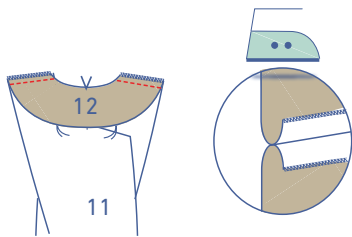
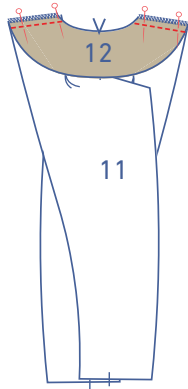




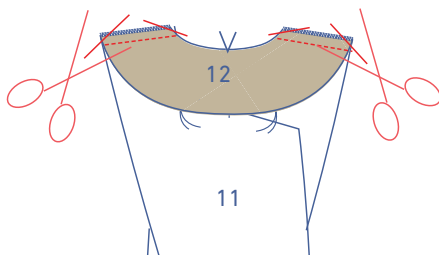
5

Finish the shoulder seams of the front facing (11) and back facing (12) with overlock stitching.

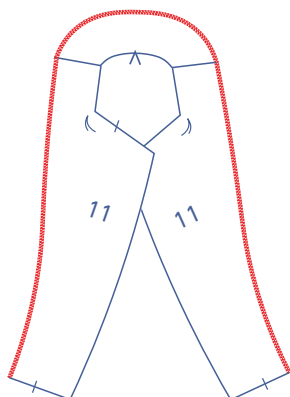
Pin and stitch the shoulder seams.

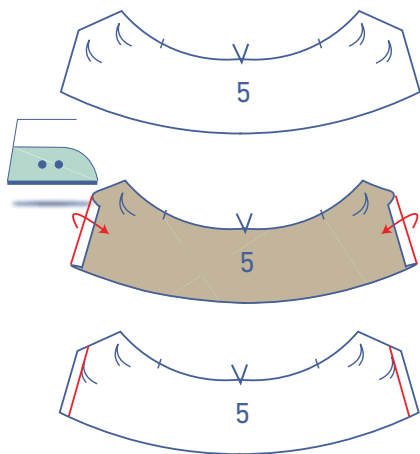


Press the seam allowances open. Trim the seam allowance at the tips to reduce bulk.

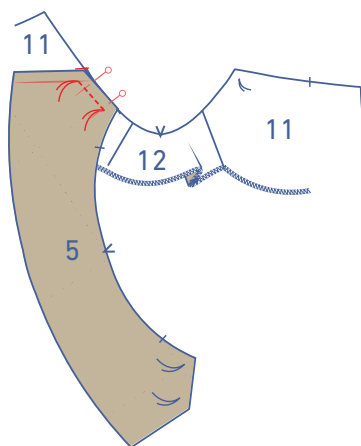


Overlock the contours of the facing where indicated.

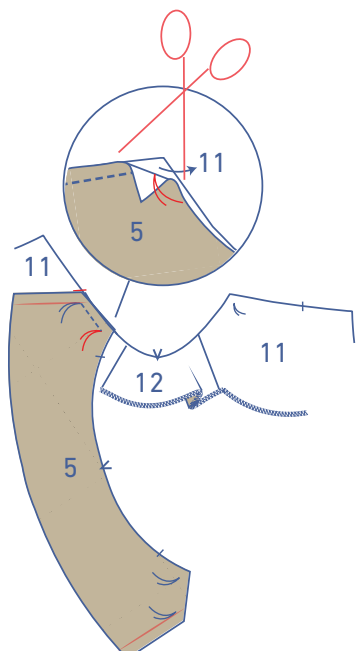




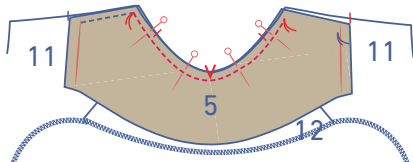
Press the edges of the other collar piece 1 cm onto the wrong side where indicated to create a fold line. Open back out.



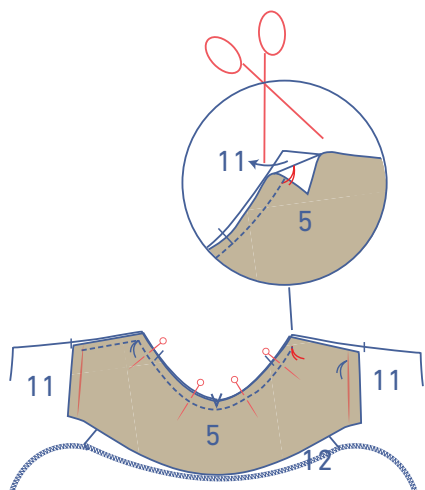
Place the collar right-side down onto the facing with the edge of the collar (the pressed end) matching the notch (see diagram). Stitch from the pressed fold line to the marking thread in the corner.



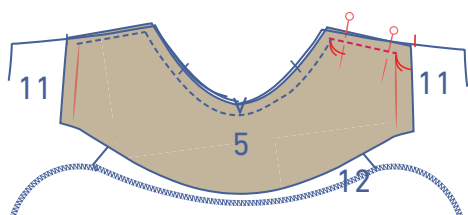
When you reach the corner, leave the needle down, lift the presser foot, fold the corner/tip of the collar over, and snip into the seam allowance of the facing until just before the needle.



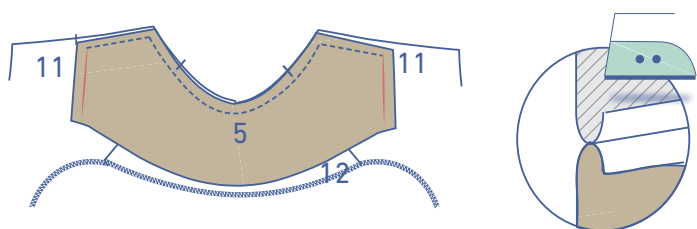
Pivot the top so that you can stitch the collar to the neckline of the facing and lower the presser foot back down. Stitch into place up to the next marking thread in the corner. Make sure you match the notches in the collar to the shoulder seams. The V notch in the centre of the collar matches the V notch in the CB of the facing (12).



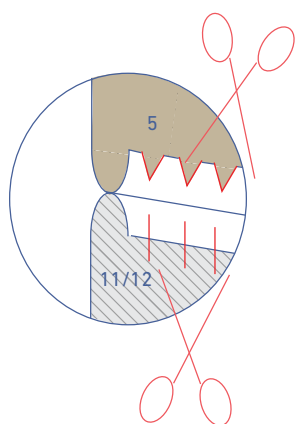
When you reach the corner, leave the needle down, lift the presser foot, fold the corner/tip of the collar over, and snip into the seam allowance of the facing until just before the needle.



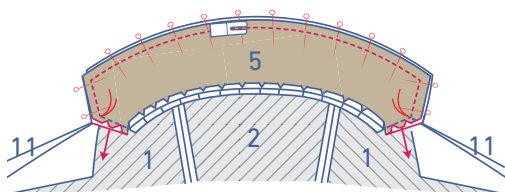
Turn the top so that you can stitch the last section of the collar into place. Lower the presser foot back down and sew up to the marking thread.



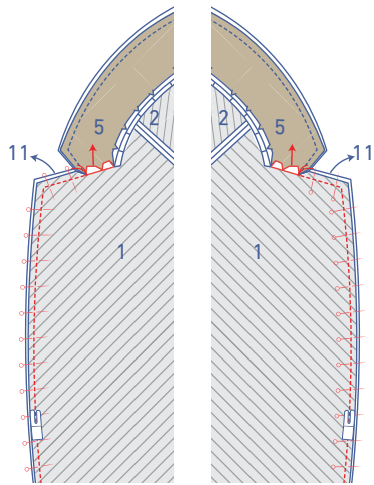
Neatly press the seam allowance on either side open and trim any excess seam allowance.



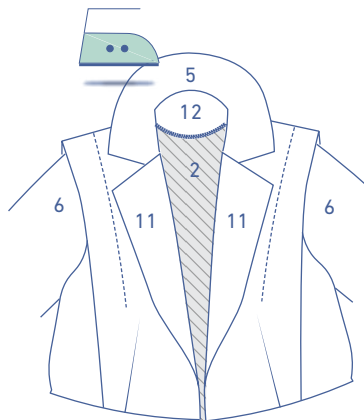
Notch both seam allowances so that the seams aren't too tight and don't tug anywhere.



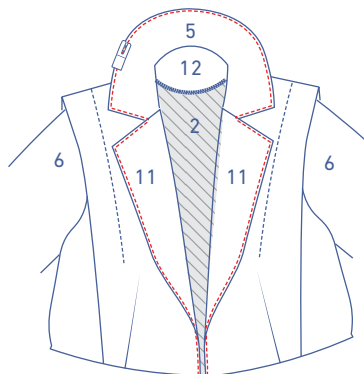
To join the collar pieces, fold the seam allowances of the lapels out of the way. Pin the collar pieces (right sides together) and stitch from marking thread to marking thread as shown.



Now, pin the lapels to the CF lines. To join, stitch from the marking thread to the bottom of the top front piece. Make sure you fold the seam allowance of the collar out of the way so that you can start sewing from the marking thread.



Turn the right way out. Press the collar and lapels neatly flat.

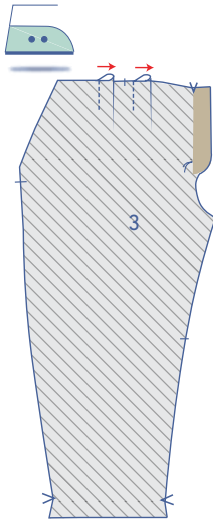


Edgestitch the contours of the collar and lapels.

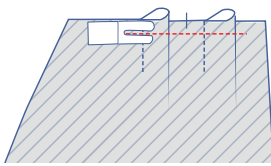


6

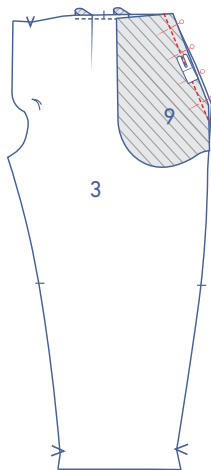
Create the pleats at the front of the trouser legs (3) by matching the notches in the direction indicated. Sew the pleats into place to secure (i.e. stitch 3 cm vertically from the top)



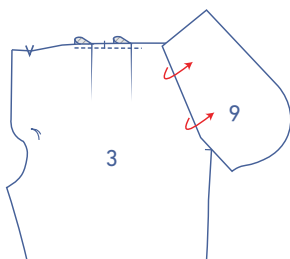
Fold the pleat allowance towards the CF and press.



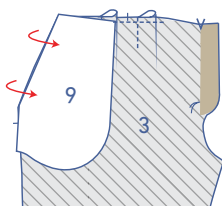
Pin into place along the edge of the fabric and stitch a horizontal line at presser foot width to secure the seam allowance.

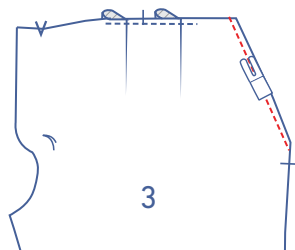


Pin the slanted end of the inner pocket bag (9) to the slanted end of the front of the trousers.

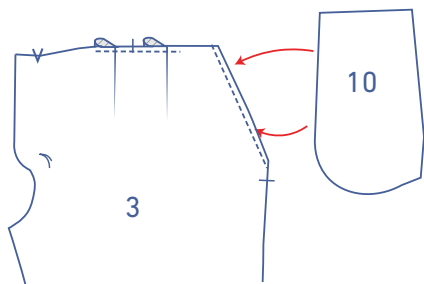


Press the inner pocket bag all the way over to the wrong side of the trousers.

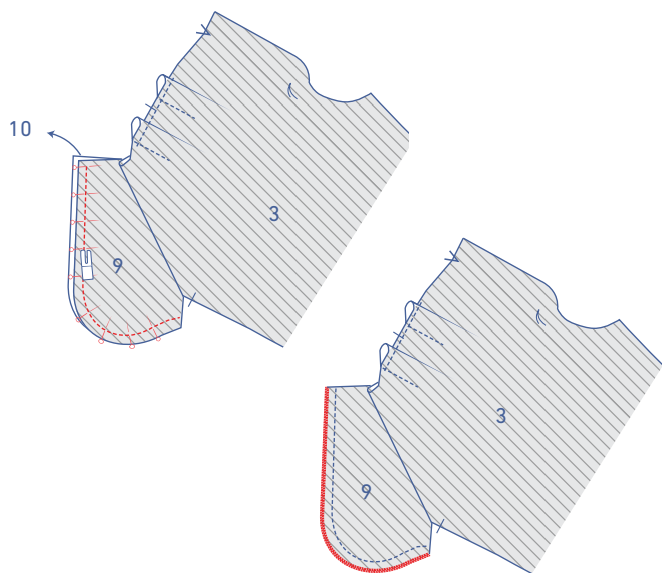
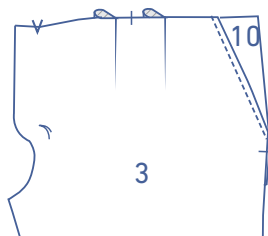




Edgestitch into place.

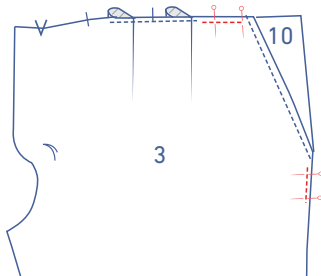


Place the pocket piece (10) underneath the trousers.

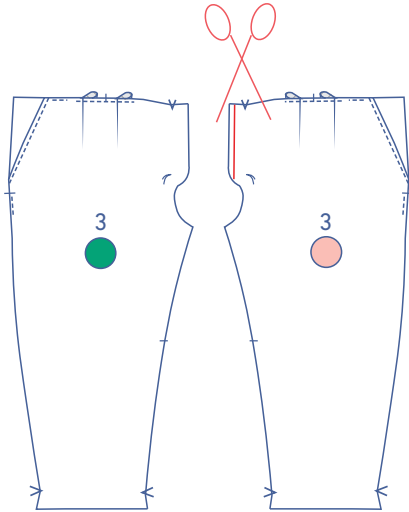


Fold the trouser leg out of the way and pin and stitch the contours of the pocket pieces together.

Finish the raw edges with overlock stitching.

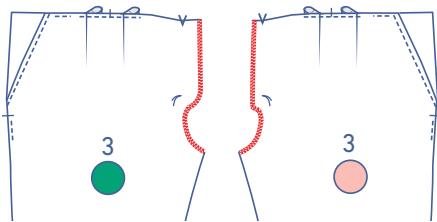


Fold the trouser leg back down/into place. Pin and stitch the pocket pieces to the trousers along the edge to hold in place.

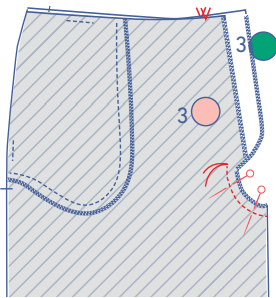


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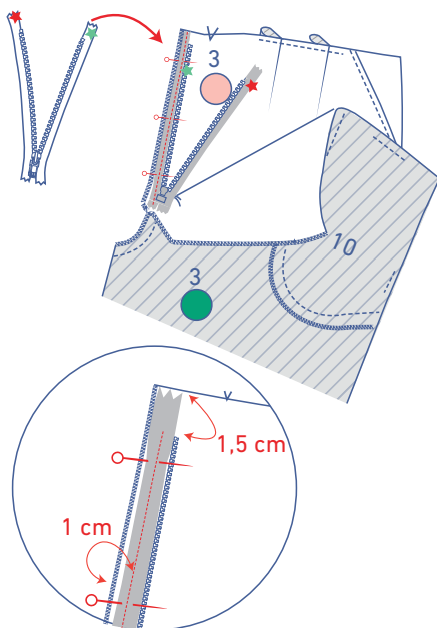
Cut a strip from the LF fly along the indicated line.



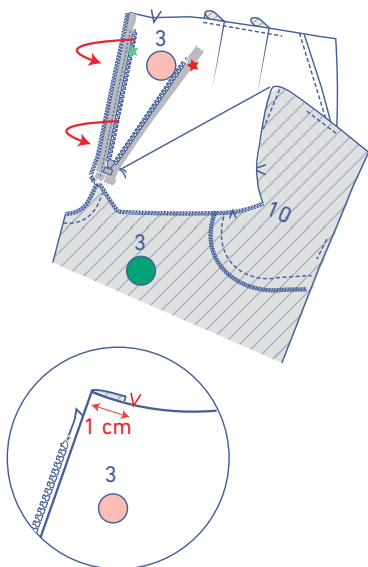
Finish the CF seams with overlock stitching.



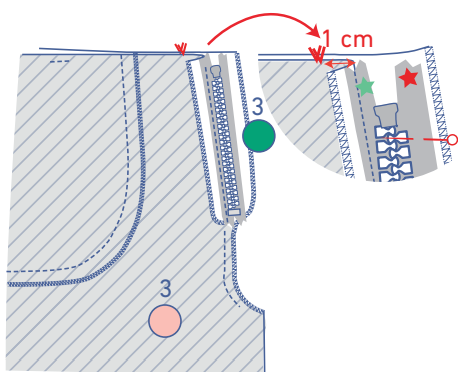
To join the RF and LF, pin and sew from the marking thread, making sure that the notches in the CF match. The RF fly extends past the LF.



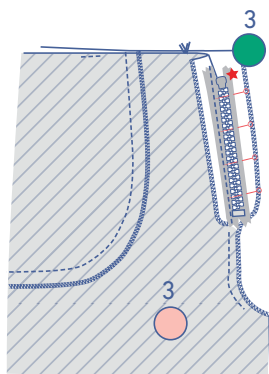
First, lay down the zip with the right side facing up. Open the zip and flip the zip tape marked with a small green star over to the right and onto the LF. The edge of the zip tape should be next to the overlock stitching, and the zip teeth should start 1.5 cm under the top edge. Pin and sew into place at 1 cm from the CF seam (= the middle of the zip tape).



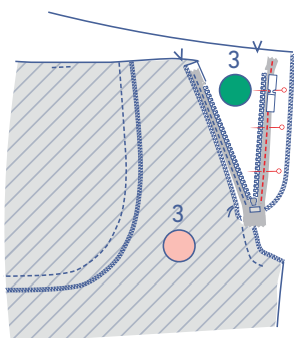
Next, fold the zip tape back to the left.



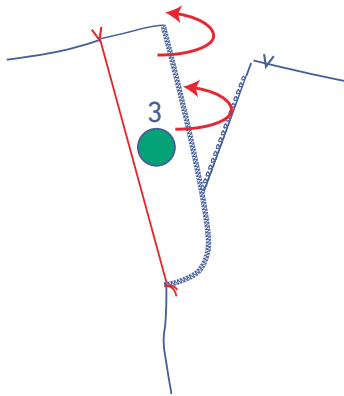
Close the zip and place the front pieces against each other with the right sides touching, making sure the V notches in the CF match. Press both front pieces neatly flat.



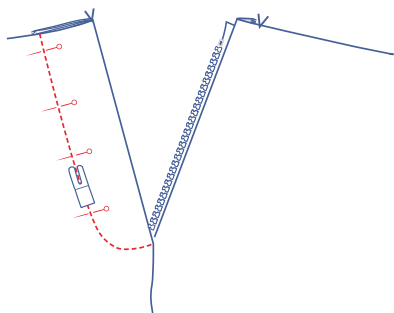
Pin the zip tape marked with a red star to the shaped RF fly.



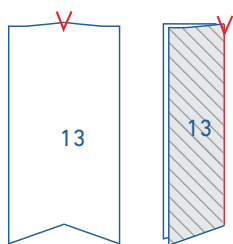
Open the zip and stitch the zip tape into place using the zipper foot. Close the zip.



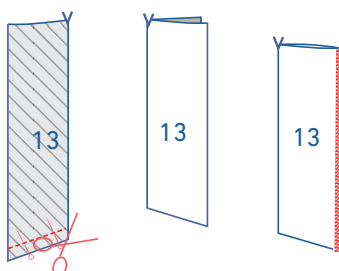
Fold the interfaced RF fly over at the V notch.



Pin into place and topstitch along the edge of the fly on the right side of the fabric through all layers (front + fly facing).

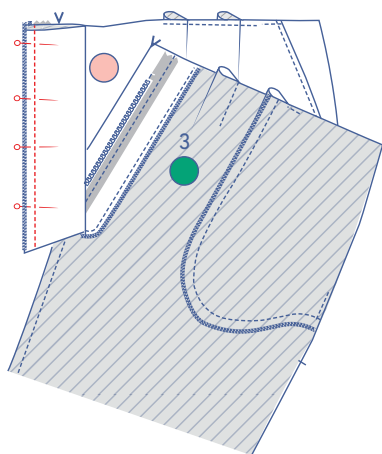


Press the LF fly (13) in half at the V notches with the right sides of the fabric facing.

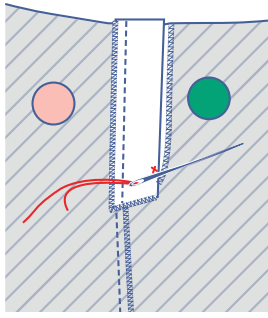


Pin and sew the short, slanted end at the bottom. Trim the seam allowance in the corner and turn the right way out.

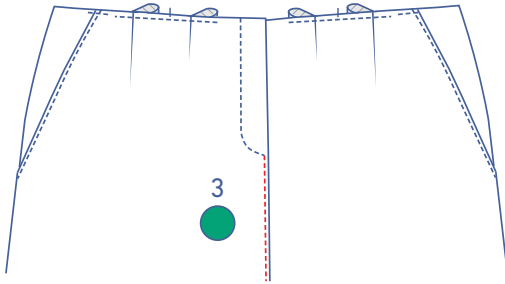
Finish the raw edges on the side with overlock stitching.



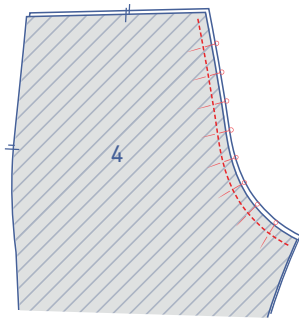
Pin the fly to the seam allowance of the LF and the zip and sew into place.



Press the fly over and close the zip. Hand sew the RF fly and LF fly pieces together with a stitch or two at the bottom.

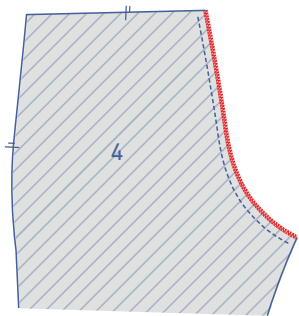


Press the seam allowance of the crotch seam towards the RF. Now, topstitch the RF right next to the seam.

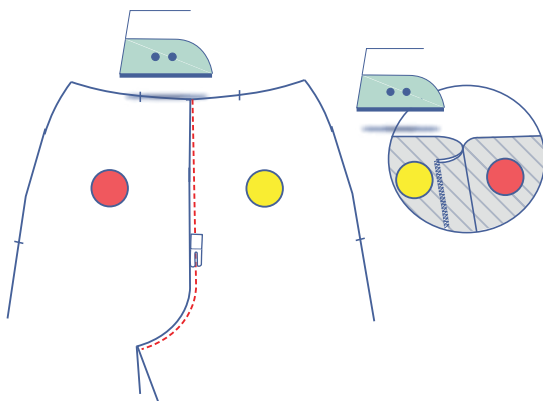


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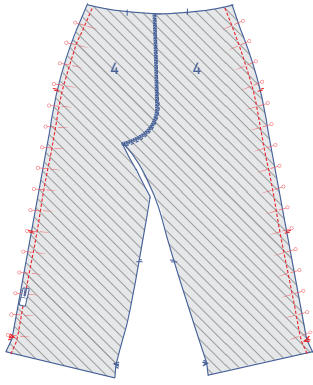
Pin and sew the crotch seam of both trouser back pieces (4) together.



Finish the raw edges with overlock stitching.

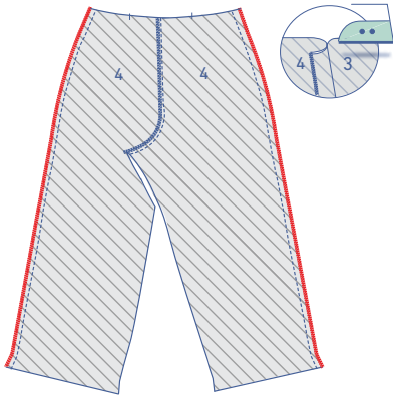


Press the seam allowance towards the RB. Now, topstitch the RB right next to the seam.

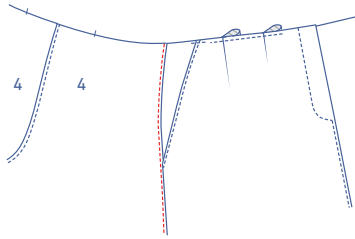


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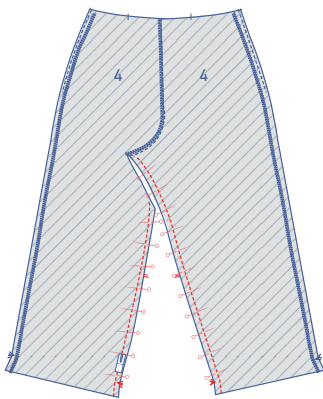
Pin and sew the side seams together.



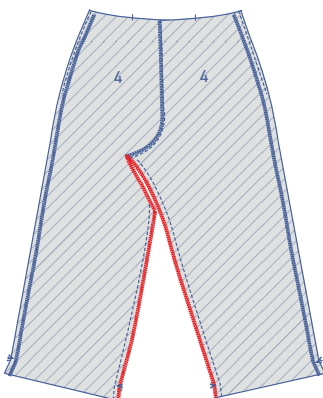
Finish the raw edges with overlock stitching. Fold the seam allowance towards the back.



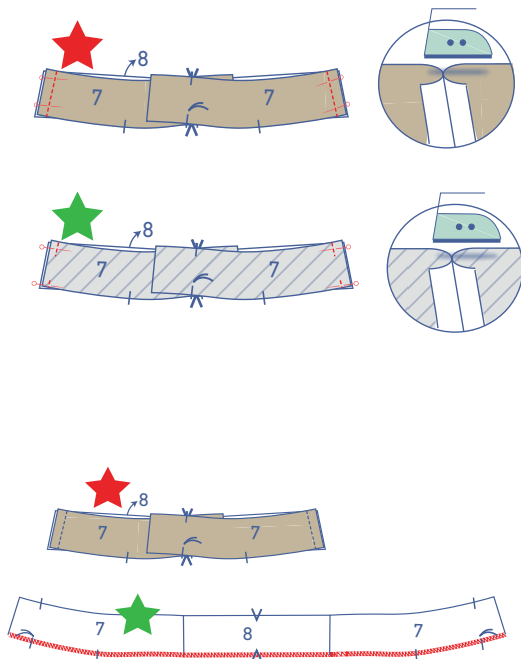
Topstitch the side seam right next to the seam down to the bottom of the pocket piece. You'll feel the pocket pieces as you stitch over them.



Pin and sew the inseams together.



Finish the raw edges with overlock stitching.

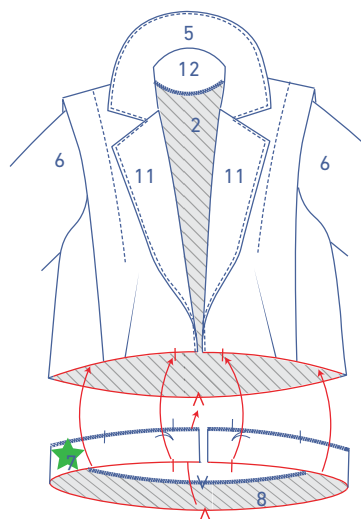


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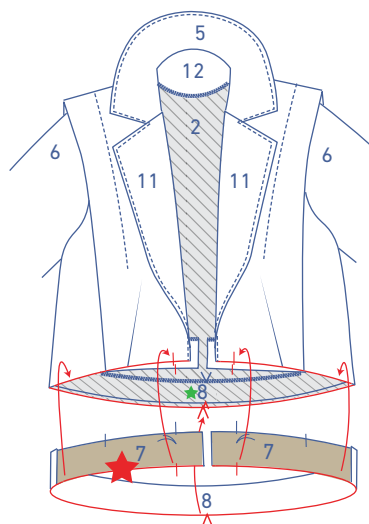
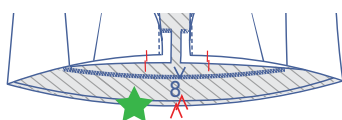
Pin and sew the side seams of the interfaced front waistband (7) and back waistband (8) pieces together. Press the seam allowances open. This waistband has been marked with a red star.

NOTE: Repeat for the second waistband (we marked this with a green star). But leave a 3 cm opening in the side seams where shown so you can thread elastic through later.

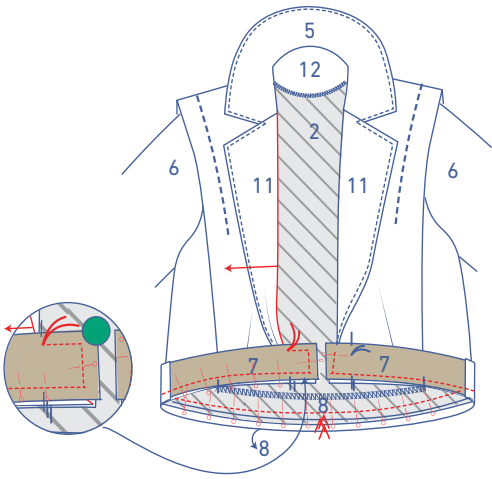
Finish the bottom of the waistband marked with the green star with overlock stitching.



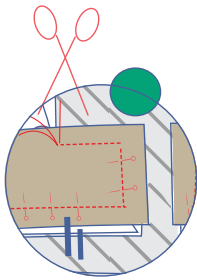
Slide the top of the waistband marked with the green star into the bottom of the top front piece.



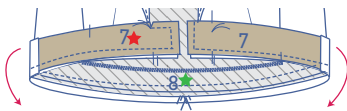
Slide the waistband marked with the red star over the bottom of the top piece.



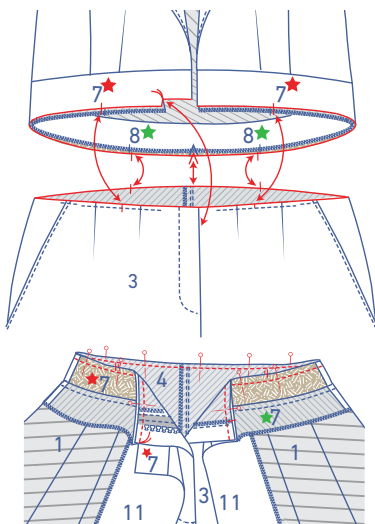
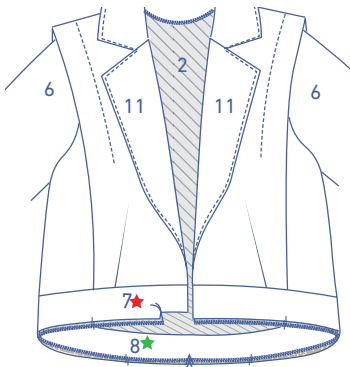
Stitch together all the way around, making sure to stitch each of the short ends of the CF into place as well. The horizontal piece of the waistband on the RF should be sewn up to the marking thread. Make sure you fold the top piece out of the way so that you can sew up to the marking thread.



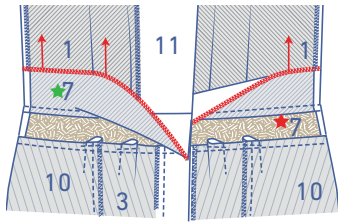
Snip into the seam allowance of the waistband on the RF.



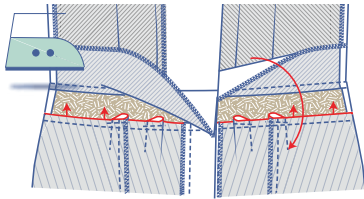
Fold the waistbands down. Turn the corner and the waistband the right way out.



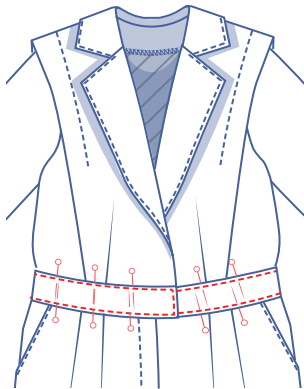
Pin the unoverlocked end of the waistband to the trousers.



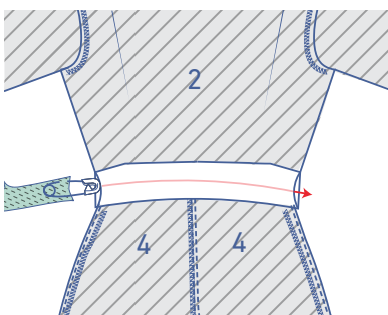
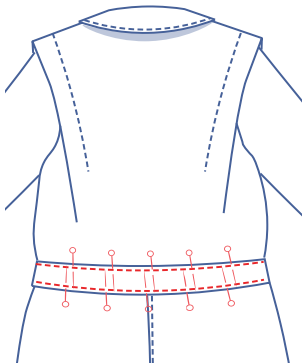
Fold the waistband back up. Press the lapped seam (of the waistband + trousers) up, and then fold the overlocked waistband over this.



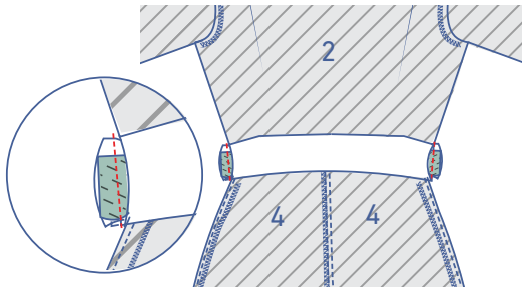
Fold the overlocked waistband downwards.



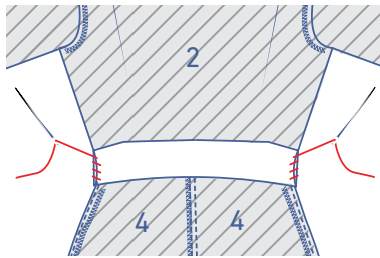
Neatly pin the waistbands together. Edgestitch all the way around the waistband.



Thread the elastic band through the openings between the waistbands.



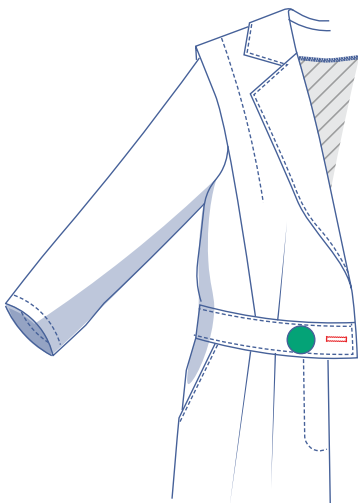
Stitch the ends of the elastic to the seam allowance that has been pressed open,



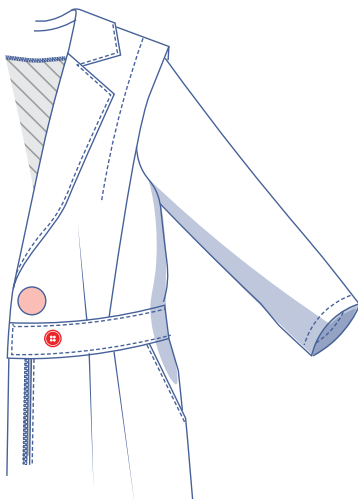
and then hand sew the openings closed.

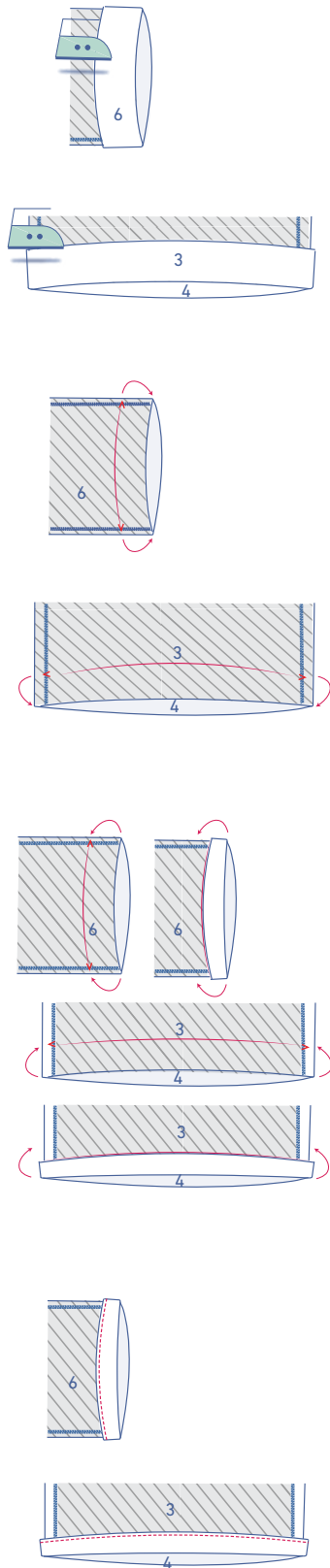
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Make a horizontal buttonhole in the waistband on the RF at 1 cm from the edge.



Sew a button onto the LF based on the location of the buttonhole.





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Press the hem allowance of the trouser legs and sleeves up at the V notches

And then open back out.

Fold up the raw edge to meet the pressed fold line and fold up again.

Edgestitch the hem allowance into place.